

Complaints or bouquets, concerns or questions, we'll love to hear from you!

WIN!

All letters here win a spa treat from Atos Wellness worth

\$180

Write in with your name, age and contact details to: **Motherhood/Mum's Club** 1100 Lower Delta Road, #04-04 EPL Building, Singapore 169206 or email us at: motherhoodclub@epl.com.sg



Join the **Mum's Club** now!

www.motherhood.com.sg

It's about time we got to know one another better. What better way than to play an active role in *Motherhood*?

We would like to engage you in discussions on topics closest to your hearts such as pregnancy, baby care, parenting, health, beauty and relationships. When the opportunity arises, we would also like to invite a few selected club members to test some new products. Hey, perhaps Junior can help out, too!

Come and join our exclusive club now! Get together with us and maybe even sit down for a cuppa. Make friends. Exchange tips. Kick back and relax, knowing well that you'll be amongst people who share the same interests.

Let your voices be heard because in *Motherhood*, we are all ears.

Brand New You

Hello Motherhood, I noticed you had a makeover with your last issue. My, you're looking prettier than ever! Great new look and same great contents!

— *Katherine Ong, mother of 16 month Germaine*

Sound Financial Planning

The thought of having enough to see my two children through school has always been one of our concerns, but as a dual income couple with a tight budget, much of our money goes into our daily expenses with not much for savings. It also worries me that something might happen to my husband or me, and your article was a good reminder of how important insurance is. Thank you for breaking those very "cheem" terms down into something easy to understand!

— *Hidayah Rahim*



Kiasu is Good

I am proud to be one of those kiasu mums! It's hard not to be worried when your child is sick. With all the many germs and viruses going around, there's so much to worry about. I will cut out and keep the guide handy for a reference now!

— *Koh Siew Chin, 31, mother of two boys*

Pimple Tales

Your Baby Zits article came out just in time. For a while I thought I was the only pimple plantation around, with all these angry red blobs from nowhere – all the other pregnant women I know are all glowing! Thankfully, I know it's a first trimester

thing. I

can't wait to cross over to the next!

— *Yasmine Tan, 28*

BUMP+BEYOND



Baby Zits

Getting a pregnancy-related skin condition can make someone feel self-conscious. But don't panic over the skin changes that come with pregnancy. You're not alone. Many women experience skin changes during pregnancy. Some of the most common are acne, dry skin, and itchy skin. The good news is that most of these conditions are temporary and will go away after the baby is born. However, it's important to know what to do if you experience any of these skin changes. Here are some tips to help you manage your skin during pregnancy.